METABOLIC MIND

Powered by SiPore® – Clinically Studied, Patented Silica Technology

120 Capsules

Clinical applications

- Supports reduction of post-meal blood sugar spikes*
- Helps regulate starch and fat digestion*
- Supports reduced cravings and improved satiety*
- Aids in weight management and healthy metabolic function*
- Promotes digestive comfort and reduced bloating*

Product overview

Metabolic Mind features SiPore®, a clinically researched, mesoporous silica compound developed in Sweden and patented in the U.S. (US Pat. 10,695,294 & 12,121,612). With a unique structure that traps digestive enzymes, SiPore® reduces the activity of α-amylase and lipase, leading to slower digestion of carbohydrates and fats.*

This non-systemic mechanism means the ingredient works locally in the gut — it is not absorbed into the body. Glucose Stabiliser offers a natural, drug-free strategy for postprandial glycemic control and appetite regulation.*

Mechanism of action

1. Enzyme Trapping
SiPore® sequesters α-amylase and lipase, reducing starch and fat breakdown.*

2. Slower Digestion
Digestive slowdown leads to delayed carbohydrate and fat absorption.*

3. Fewer Sugar Spikes
Clinical studies show SiPore® significantly reduces post-meal blood glucose.*

4. Appetite & Weight Effects
Animal and early human data suggest potential for reduced food efficiency and cravings.*

Key ingredient

SiPore® (Silicon Dioxide):
750 mg per 2-capsule serving

Non-Systemic and 100% natural.*
Entraps digestive enzymes α-amylase and lipase.*

Human clinical study highlight

Continuous Glucose Monitoring Study (Ioannidou, 2025): One week of Metabolic Mind use with two main meals significantly increased Time in Range and reduced hypoglycemic events.*

Randomized Controlled Trial (Reif, 2025):
In one of the largest trials in prediabetes or early-stage type 2 diabetes, SiPore21® significantly improved HbA1c, LDL-C, total cholesterol, body weight, fat mass, and abdominal fat indicators, while preserving lean mass and beta-cell function.*

Postprandial Study (Baek, 2023):
SiPore21® significantly reduced blood glucose after standardized starch ingestion ($P < 0.0001$).*

12-Week Open-Label Trial (Baek et al, 2022):
In people with prediabetes and type 2 diabetes, 9 g/day SiPore15® reduced HbA1c, LDL cholesterol, and sagittal abdominal diameter.*

Safety Study (Hagman et al, 2020):
Oral intake of up to 9 g/day was safe and well tolerated in humans.*

SUPPLEMENT FACTS

SERVING SIZE: 2 Capsules
SERVINGS PER CONTAINER: 60

	AMOUNT PER SERVING	% DAILY VALUE
SiPore® (Silicon Dioxide)	750 mg	†

† Daily value not established

OTHER Ingredients: Hydroxypropyl Methylcellulose (veggie capsule)

Directions of use

Take **4 capsules daily** — 2 with **lunch**, 2 with **dinner**, with water.

Formulation highlights

100% Vegan
Gluten-Free, Fat-Free
No GMOs, Artificial Additives
Clinically Supported and Patent Protected

Storage and cautions

Store in a cool, dry place away from children

Not recommended during pregnancy or breastfeeding without physician guidance

Diabetic patients on medication should monitor blood glucose and consult a healthcare provider

Manufactured for:

bVital
1755 Prospector Ave Ste 100
Park City, Utah, 84060-7488

***Note:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References

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